





MYCONIAN SIGNATURE SPA PACKAGES

Detox – 110 mins / 220€

Full-Body Detox Massage – stimulates circulation and eases tension.
ELEMIS Leg Slimming Mask or Compression Boots with Scalp Massage.
Express Detox Facial – nourishes and restores radiance.

Re-charge – 90 mins / 210€

ELEMIS Expert Touch Renew Facial – lifting, firming & restoring treatment.
Hair & Head Massage Treatment – relaxes and soothes.

COUPLE'S SPA PACKAGES

Sensory Spa Ceremony – 90 mins / 220€ *(per person)*

Body Polish – gently exfoliates to reveal silky-smooth skin.
Full Body Massage – relaxes muscles and eases tension.
ELEMIS Hydrating Eye Mask.

Sea Holistic Dream – 90 mins / 220€ *(per person)*

Shell Chill Out Massage – soothes and relieves stress
with warming shell techniques.
ELEMIS Expert Touch Nourish Express Facial – revitalizes
and restores a radiant glow.

THALASSOTHERAPY – 50 mins / 40€

Experience the curative benefits of mineral-rich seawater.
Guided journey through 3–4 pools with varying temperatures and salinity.
Supports joint health, eases back issues, relieves water retention, and
promotes overall relaxation.
Recommended for regular use to restore vitality and wellbeing.



FACIALS

ELEMIS Expert Touch Facials

Bespoke facials combining luxurious formulas with expert techniques to revive, sculpt, and illuminate the skin while easing tension.

- **Nourish Facial – 30 mins / 80€**
 - Deeply hydrate and awaken tired, dull skin
- **Renew Facial – 60 mins / 150€**
 - Lift, firm, and restore a youthful vitality
- **Define Facial – 90 mins / 170€**
 - Contour, energize, and rejuvenate for a sculpted finish

AUGUSTINUS BADER The Method Facials

Science-meets-luxury treatments using TFC8® technology and fascia massage to stimulate cellular renewal, improve circulation, and enhance elasticity. Tailored to your skin, leaving it hydrated, lifted, and glowing with long-lasting results.

- **Detox & Glow Facial – 55 mins / 190€**
 - Hydrates, brightens, and refreshes with fascia massage
- **Ultimate Skin Longevity Facial – 85 mins / 230€**
 - Firms, restores, and rejuvenates with deep fascia techniques and additional technologies

Add-ons:

- **LED Face Mask – 10 mins / 20€**
- **Microcurrent – 15€**
- **Cryo/Thermal Therapy – 15€**
- **Compression Boots – 20 mins / 30€**



BODY RITUALS

ELEMIS Deep Tissue Massage

25/55/85 mins – 85/150/180€

A signature massage designed to release deep tension and ease tight muscles. Expert techniques improve circulation, relieve fatigue, and restore vitality. Choose your custom blend: Detox, Muscle Fatigue, Nourishing, or Nut-Free.

CBD Relaxing Massage

55/85 mins – 140/170€

A calming massage with CBD-infused oils to melt away tension and reduce stress. Promotes relaxation, eases muscle discomfort, and leaves the body feeling rejuvenated.

ELEMIS Indian Head & Scalp with Back Massage

55 mins – 130€

A deeply relaxing treatment that releases tension from the scalp, neck and shoulders, combined with a soothing back massage to ease muscular stress. Ideal for calming the mind, improving circulation, and restoring overall balance.

Foot Massage with Eye Thermal Treatment

30 mins – 80€

A soothing foot massage designed to relieve fatigue and heaviness, paired with a calming Eye Thermal Massage using Therabody Smart Goggles. Leave feeling lighter, refreshed, and more balanced.

Shell Chill Out Massage

55/85 mins – 150/180€

Cold-pressed avocado oil and calcium-rich shells relieve tension, improve circulation, and stimulate metabolism. Leaves muscles relaxed and skin firm and healthy.



BODY RITUALS

Bliss Relaxing Massage

55/85 mins – 140/170€

A perfectly balanced massage using harmonized products to relax, nourish, and restore the body.

ELEMIS Intensely Cleansing Salt Scrub

Lime & Ginger or Frangipani

30 mins – 85€

Fragranced salt exfoliates dead skin cells, encouraging regeneration and leaving the skin smooth and receptive. Prepares the body for deeply nourishing oils and helps even out a suntan.

ELEMIS Pregnancy Massage

60 mins – 150€

Specially tailored prenatal massage to ease back tension, reduce swelling, and promote calm and wellbeing. Safe techniques nurture both body and mind throughout pregnancy. (Consultation is needed prior to treatment).

Add-ons:

- Compression Boots – 20 mins – 30€
- LED Face Mask – 10 mins – 20€
- Theragun Percussive Therapy – 15€
- ELEMIS Hydrating Eye Mask – 20€
- ELEMIS HydraGel Restoring Face Mask – 20€



AB
Augustinus
Bader

THE GERANIUM ROSE BODY OIL
WITH STYLIUM
CRÈME POUR LE CORPS
GERANIUM ET ROSE
ROSE THERAPY
100 ml e 3.38 fl. oz.

HAND & FOOT CARE

- Polish Change
15 mins – 20€
- Manicure
45 mins – 45€
- Pedicure
50 mins – 55€
- Foot Scrub & Mask
15 mins – 20€
- Soak Off Gel Manicure
60 mins – 65€
- Soak Off Gel Pedicure
60 mins – 75€
- Soak Off Gel Removal
25 mins – 25€
- Soak Off Gel Polish Change
25 mins – 30€

Spa Etiquette

OPENING HOURS: Daily 10:00 am to 8:00 pm

SPA RESERVATIONS For spa enquiries or reservations, please press the "spa" button on your telephone display. Advance bookings are recommended to secure your preferred treatment time.

PRIOR TO ARRIVAL We recommend that you leave all jewellery and valuables in your room safe before coming to the spa. The spa will not be held responsible for valuables lost within the spa.

ARRIVAL Please arrive 20 minutes prior to your treatment to complete your health assessment form and spend time in our relaxation area, which includes a marble pool. You will be provided with a robe and slippers to wear while visiting our spa and assigned a private locker to store your personal belongings.

CONSULTATION Personal consultations are offered to determine your specific skin needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

LATE ARRIVALS Out of respect for other guest reservations, please be aware that we are unable to extend your treatment time in the event of your late arrival.

CANCELLATIONS To ensure availability and a smooth experience for all our guests, we kindly ask for at least 12 hours' notice for individual treatments and 24 hours' notice for spa packages. No-shows or last-minute cancellations made less than 12 hours before your scheduled treatment will be charged the full price.

DURING YOUR STAY Out of consideration for other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please also be aware of the volume of your voice.

AFTER YOUR TREATMENT To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

PAYMENT For hotel guests, all treatments can be charged to your room folio and will appear on your final account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

CHILDREN We love children, but we recommend that you avoid bringing children under 11 years of age to the spa. Young guests between 12-17 years old are welcome to enjoy a selection of treatments under the supervision of a guardian.

GYM POLICIES For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.

HYGIENE & SAFETY At Myconian Spas we follow all necessary protocols and procedures to ensure the highest level of hygiene and safety and give you the peace of mind you need when enjoying a treatment or our facilities.

